



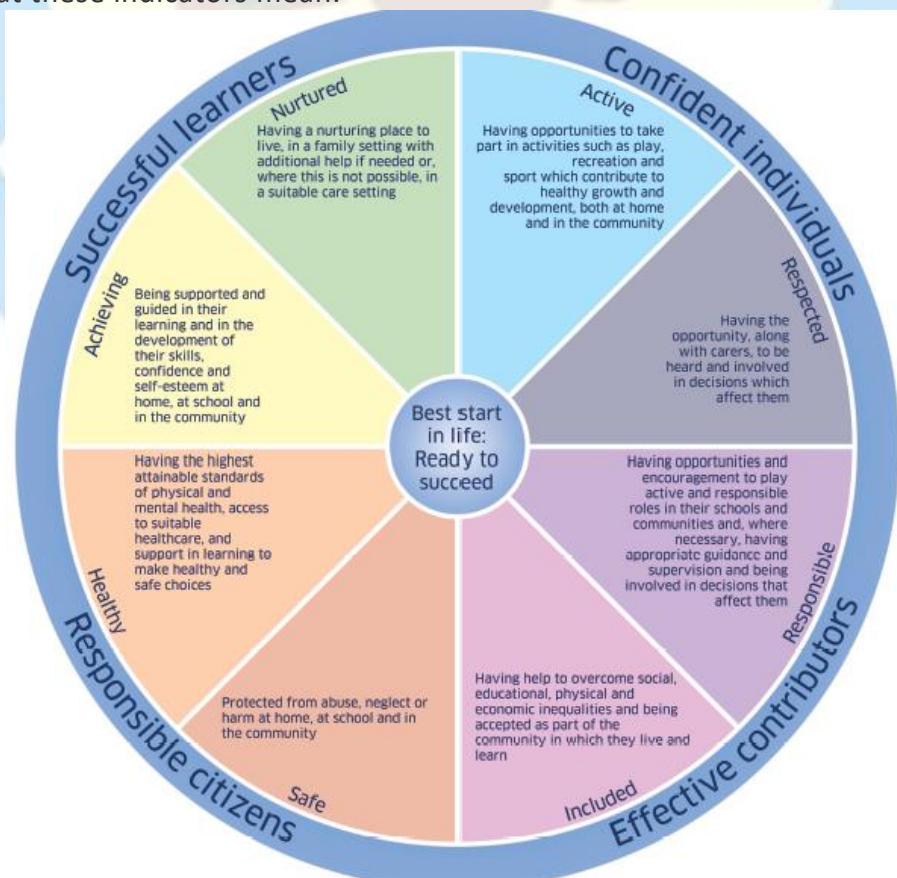
Wellbeing

What is Wellbeing?

To help make sure everyone (children, young people, parents, and the services that support them) has a common understanding of what wellbeing means, we describe it in terms of eight indicators - **SAFE, HEALTHY, ACHIEVING, NURTURED, ACTIVE, RESPECTED, RESPONSIBLE, INCLUDED.**

The Wellbeing Indicators help make it easier for everyone to be consistent in how they consider the quality of a child or young person's life at a particular point in time and ensure we are improving outcomes for children, young people and their families.

Families and people working with children and young people can use the Wellbeing Indicators to identify what help a child or young person needs in order to help them access the right support or advice. The Wellbeing Indicator wheel below further explains what these indicators mean.



How is Bellsquarry Primary School using the Wellbeing Indicators?

The wellbeing of our pupils is extremely important to us and the Wellbeing Indicators underpin everything we do at Bellsquarry Primary School to help ensure our children are happy and healthy in body and in mind. The Wellbeing Indicators are continually referred to throughout the year and are central to our vision, values, teaching and learning. Pupils of Bellsquarry Primary School also participate in wellbeing assemblies where children identify and engage with the wellbeing indicators.

We continually reflect and monitor the wellbeing of our children; consulting with the child, other staff members, parents and colleagues from partner agencies where required. Additionally, children and young people are asked to complete a form at different points in the year asking them how they would rate themselves and their experiences for each indicator: *Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible and Included*. They choose from 1-5 stars to indicate how they feel at that time; 5 indicating that they are confident in this indicator to 1 where they have real concerns. This information is collated and any children and young people who have indicated concerns will be met with to discuss what supports or strategies could be put in place to improve this. Contact would also be made with home where appropriate.

As always, if any young people have concerns throughout the school year they are encouraged to report this to a member of staff who will support them with any difficulties they may be experiencing at that time.